

Lenox Memorial Middle and High School

Don't forget to eat breakfast -Served 7:00a.m-9:45a.m.



<p>Breakfast: \$1.50 Reduced: .30 Lunch price: \$2.50 Reduced: .40 Adult lunch \$3.50 Milk/juice: \$.45 Snacks: \$.75-\$1.50</p>		<p>1ST Pork Burrito Corn Salsa, sour cream, fruit, juice Milk, salad bar</p>	<p>2ND Mozzarella Sticks Marina sauce Oven fries Fruit, juice, milk</p>	<p>3RD Four cheese pizza broccoli Fruit, juice Milk Salad bar</p>
<p>6TH Meatball Grinders Broccoli Fruit, juice Milk, salad bar</p>	<p>7TH <i>Professional Development Day</i> <i>No School</i></p>	<p>8TH Spicy Chicken Tenders Oven fries Fruit, juice, milk Salad Bar</p>	<p>9TH Stuffed Crust Pizza Broccoli Fruit, juice Milk, salad bar</p>	<p>10TH  Veterans Day</p>
<p>13TH French Toast Sticks, Sausage carrots Fruit, juice, milk Salad bar</p>	<p>14TH Lasagna roll ups broccoli fruit, juice Milk, salad bar</p>	<p>15TH Roast Turkey Mashed potatoes, corn Fruit, juice, milk Salad bar</p>	<p>16TH Chicken Nuggets Oven fries Fruit, juice, milk Salad bar</p>	<p>17TH French Bread pizza Green beans Fruit, milk Salad bar</p>
<p>20TH Chicken Patty Whole wheat roll Green beans Fruit, juice Salad Bar</p>	<p>21ST Grilled Cheese & Soup Carrots Fruit, juice Milk, salad bar</p>	<p>22nd No School </p>	<p>23RD Thanksgiving </p>	<p>24TH No School </p>
<p>27TH French Toast Sticks, Sausage Carrots Fruit, juice, milk Salad bar</p>	<p>28TH Chicken Nuggets Oven fries Fruit, juice, milk Salad bar</p>	<p>29TH Turkey Taco Salad Black bean salad, salsa Fruit, juice, milk</p>	<p>30th Pasta alfredo with chicken Broccoli Fruit, Milk, Salad bar</p>	

Additional Options Available daily include:
Cheeseburgers, Pizza, Assorted wraps, deli & yogurt
Each lunch includes: Salad Bar (providing a variety of leafy greens, fresh vegetables, fruit and legumes)



Eight ounces of skim, low fat or fat free chocolate milk is also included as part of a complete meal.
 For questions please contact Lorrie Goodfellow at (413) 637-5560, e-mail lgoodfellow@lenoxps.org

"Non-discrimination and equal opportunity are the policy of the Lenox Public Schools in all of its educational programs, activities, and employment practices. No person shall be excluded from or discriminated from participation or workplace advancement on the basis of race, color, sex, gender identity, religion, national origin, sexual orientation, or disability."