






Lenox Memorial Middle and High School

HAPPY ★ NEW ★ YEAR

January 2020

		<p>1st</p>  <p>New Year's Day No School</p>	<p>2nd</p> <p>Turkey Taco Salad Corn Salsa, sour cream Fruit, juice Milk</p>	<p>3rd</p> <p>Four Cheese Pizza Broccoli Fruit, juice Milk</p>
<p>6th</p> <p>French Toast Sticks, Sausage Fruit, juice Milk Salad bar</p>	<p>7th</p> <p>Meatball Grinders Baked beans Fruit, juice Milk, Salad bar</p>	<p>8th</p> <p>Chicken nuggets Rice, corn Fruit, juice Milk Salad bar</p>	<p>9th</p> <p>Pasta w/ Meat or marinara Sauce Fruit, juice Milk, salad Bar</p>	<p>10th</p> <p>French Bread Pizza Fruit, juice Milk Salad bar</p>
<p>13th</p> <p>Chicken patty sandwich Mixed vegetables Fruit, juice Milk Salad bar</p>	<p>14th</p> <p>Grilled cheese & Soup Fruit, juice Milk Salad bar</p>	<p>15th</p> <p>Hot & Spicy Chicken Tenders Oven fries Fruit, juice Milk, Salad bar</p>	<p>16th</p> <p>Beef Taco Salad Salsa, sour cream Fruit, juice Milk Salad bar</p>	 <p>17th</p> <p>½ Day, Breakfast Only</p>
 <p>20th</p> <p>No School- MLK Day</p>	<p>21st</p> <p>Cheese Ravioli Garlic bread Fruit Juice Milk Salad bar</p>	<p>22nd</p> <p>Pulled pork Sandwich Cole slaw Fruit, juice Milk Salad bar</p>	<p>23rd</p> <p>Mozzarella Sticks Marinara sauce Oven fries Fruit, juice Milk Salad bar</p>	<p>24th</p> <p>Stuffed Crust Pizza Broccoli Fruit, juice Milk Salad bar</p>
<p>27th</p> <p>Turkey Taco Salad Salsa, black bean Salad Fruit, juice, milk Salad bar</p>	<p>28th</p> <p>French Toast Sticks Sausage Fruit, juice Milk Salad bar</p>	<p>29th</p> <p>Meatball Grinders Baked beans Fruit, juice Milk Salad bar</p>	<p>30th</p> <p>Roast Turkey Mashed potatoes Gravy, corn Dinner rolls Milk Salad Bar</p>	<p>31st</p> <p>Cheese quesadillas Salsa Sour cream Fruit, juice Milk Salad bar</p>

Breakfast Served daily: 7:00a.m-9:45a.m.



Breakfast: \$1.50 reduced: .30 Student lunch \$2.50 Red. .40 Adult lunch \$3.50 Milk/juice .45 Snacks .75-1.25

Additional daily options include: Cheeseburgers, Pizza, Assorted wraps, deli & yogurt

Each lunch includes: Salad Bar (providing a variety of leafy greens, fresh vegetables, fruit and legumes)



Eight ounces of skim, low fat or fat free chocolate milk is also included as part of a complete meal.

For questions please contact Lorrie Goodfellow at (413) 637-5562, e-mail lgoodfellow@lenoxps.org

"Non-discrimination and equal opportunity are the policy of the Lenox Public Schools in all of its educational programs, activities, and employment practices. No person shall be excluded from or discriminated from participation or workplace advancement on the basis of race, color, sex, gender identity, religion, national origin, sexual orientation, or disability."