

Questions for Consideration: The Mystery of Chi

1. What is chi?
2. Name four traditional Chinese treatments?
3. What is soup medicine?
4. What is the placebo effect?
5. What are the some uses of acupuncture?
6. What are meridians of chi?
7. What disease is treatable in China but not in the US and Europe?
8. What is Tai Chi Chuan?
9. "The body must move to be _____."
10. What is chi gong?
11. How many centuries have the Chinese been doing chi gong or Tai Chi?
12. What philosophy is the basis for Tai Chi and chi gong?
13. The basic idea of Chinese medicine is to _____ your energy.
14. What is the Dan Tien point? Where is it located?

15. How long did it take the great Tai Chi master to locate his chi?

16. What did you think of the demonstration in the Purple Bamboo Park with the American student?

17. Who are the two main presenters in the film?

18. Why do you think that it is important for the doctor to combine the Western and Eastern medicines as he said?

Filename: mysteryofchi.doc
Directory: C:\Documents and Settings\robin\Desktop\China Unit
Template: C:\Documents and Settings\robin\Application
Data\Microsoft\Templates\Normal.dot
Title:
Subject:
Author: rnardi
Keywords:
Comments:
Creation Date: 9/16/2008 11:05:00 AM
Change Number: 2
Last Saved On: 9/16/2008 11:05:00 AM
Last Saved By: robin
Total Editing Time: 1 Minute
Last Printed On: 9/16/2008 11:05:00 AM
As of Last Complete Printing
Number of Pages: 2
Number of Words: 154 (approx.)
Number of Characters: 878 (approx.)