

LMMHS BISTRO MENU

Angus Burger

\$2.25

All 5.3 oz. of this 100% Angus Beef Burger is served on a low-fat, whole grain bun - juicy and delicious!!



Personal Pan Pizza

\$2.25

This 7 inch pizza is topped with your choice of cheese (low-fat) or veggies (green peppers, onions, mushrooms).



Chicken Breast Caesar Wrap

\$2.25

Take a bite of this tasty chicken breast wrap - it's made with 100% natural chicken and is dressed with low calorie Caesar Dressing on a flat bread wrap.



.....March is a pilot month

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March Madness Lunch Program Pilot Goals:

- 1. Serve healthy foods to teenagers- who normally would not choose “healthy” foods;**
- 2. Serve foods that teenagers are interested in and would purchase- as if they were out on a Saturday or non-school day;**
- 3. Increase our membership (students purchasing lunches) at LMMHS;**
- 4. The new menu items must meet all federal and state “eligible lunch” requirements.**

As you can see on the attached Bistro menu- we are starting small, with a very focused menu:

- 1. The Angus Burger is a very lean beef, and is 5.3 oz. This is a very big hamburger. It is served on a whole-grain bun with condiments;**
- 2. The Personal Pan Pizza is made of low-calorie , low fat cheese, or a veggie pizza – on a flatbread pizza crust;**
- 3. The Chicken Breast Caesar Wrap is 100% real white chicken breast (not processed), grilled, and wrapped in low-calorie Caesar dressing, in a flatbread wrap;**
- 4. All meals include a choice of juice;**
- 5. All meals qualify as an eligible lunch;**
- 6. All meals are priced at \$2.25, which is below our regular price student lunch (\$2.50);**
- 7. Adult meals are the same \$2.25.**
- 8. This Pilot runs during the month of March.**